

**2019**

1. Dr. Abhay Patil, **A Pilot of study on the short term Effect of Anulom Vilom Pranayama to enhance the breath holding capacity of students** Aayushi International Interdisciplinary Research Journal(AIIRJ), (UGC approved) Peer review e-journal, Nov.2019 Vol.:-VI, Issue:- XI,Page no.6 to 8 ISSN 2349-638x.
2. Dr.Deepanshu Raj Indoriya, Dr.Kundan R Meshram, **Critical Review on Mental Disorders in Perspective of Ayurveda** International journal of Research and Analytical Reviews, December 2019 Vol.VI, Issue4. ISSN No.2349-5138.